

Join Dr. Maoshing Ni as he discusses his book, *Second Spring*, on the *KTLA Morning Show*, Friday, April 17th at 9 a.m.



SECOND SPRING

Dr. Mao's Hundreds of Natural Secrets for Women to Revitalize and Regenerate at Any Age

BY DR. MAOSHING NI

"Once again, Dr. Mao has shared with the world a natural way to provide our bodies with what they need to attain perfect health as we grow older and more beautiful."

— Jenny McCarthy, actress and author

In the book Dr. Mao addresses a variety of subject areas including maintaining ageless beauty, enhancing brain power, promoting restorative sleep, relieving pain naturally, creating higher energy and energizing love and sexuality. Jam-packed with hundreds of helpful secrets, *Second Spring* is easy to use. A reference in the back of the book allows women customize a plan specific to their own needs to help them, as Dr. Mao says, "Live long, live strong and live happy."

Free Press, \$17.95, paperback

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