



INTRODUCING THE FIRST
**GROUP FERTILITY
 RETREAT**

OPEN TO BOTH COUPLES AND INDIVIDUALS
 FEBRUARY 20 & 21, 2010

Have you been trying to get pregnant without success? Do you want to optimize your fertility potential? Are you feeling anxious about going through ART (assisted reproductive technology) procedures? Have you gone through several IVF (in vitro fertilization) cycles without success?

If you answered “yes” to any of the above questions, this Tao of Fertility Retreat is perfect for you. Based on Taoist principles of fertility and on the Ni family medical traditions, we invite you to join **Dr. Daoshing Ni** (Dr. Dao), Senior Associate **Andrea Thorpe, L.Ac.**, and members of our Tao of Wellness healing team for this two-day discovery and reinvigoration of your fertility potential. Based on Dr. Dao’s book, *The Tao of Fertility*, the retreat will help you understand how to optimize your fertility, preparing your body for the magical journey from conception and pregnancy to birth.

**LEARN HOW TO
 CULTIVATE YOUR FERTILITY**

During this two-day retreat, we will show you how to make adjustments in your lifestyle that will increase your fertility potential. We will also teach you how to approach the rigors of assisted reproductive treatments with renewed hope, awareness and joy.

The retreat will include group lectures and discussions in the morning followed by

personalized treatments in the afternoon. Dr. Dao and Andrea Thorpe, L.Ac., will talk on the importance of nutrition, meditation and stress management. To enhance fertility, Tao of Wellness associates will guide us in the practice of chi gong movement meditation and Dao-In Chinese Yoga. Afternoons will be dedicated to individual acupuncture treatments, fertility tuina massage, far-infrared therapy and an Infinichi® energy-healing treatment. Delicious, organic meals will be provided for breakfast and lunch.

THE RETREAT INCLUDES DAILY:

- Acupuncture
- Fertility tuina massage
- Fertility-enhancing chi gong and movement meditation
- Lectures and discussion on nutrition and stress management
- Dao-In Chinese Yoga
- Far-infrared therapy
- InfiniChi® energy-healing treatment (*one session*)

For participants new to our office, the initial consultation will be given by Dr. Dao and Associate Andrea Thorpe on Friday, February 19.

Please enroll early, as space is limited!

DAY AND TIME:

- Saturday – 9:00 a.m. to 6:00 p.m.
- Sunday – 9:30 a.m. to 6:00 p.m.

REGISTRATION:

- Tao of Wellness Patient Package: \$850
- New Patient Package: \$1035 (Retreat plus initial consultation and one week of herbs)

If you enroll and then are unable to attend, please contact Adriana Rivera two weeks prior to the Tao of Fertility Retreat to avoid a cancellation fee.

LOCATION: Tao of Wellness

INQUIRIES & ENROLLMENT:

Adriana Rivera
 310-917-2200, x239
 arivera@taoofwellness.com

1131 Wilshire Boulevard, Suite 300 | Santa Monica, CA 90401 | contact@taoofwellness.com | 310-917-2200 | www.taoofwellness.com

REGISTRATION FORM

Please fill out form with credit card information, or enclose check, and mail to Tao of Wellness at the address above.
 The form with credit card information can be faxed to 310-917-2204.

NAME(S) OF PARTICIPANT(S) _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ E-MAIL _____

PAYMENT: CHECK Make checks out to TAO OF WELLNESS CREDIT CARD # _____ EXPIRATION DATE _____

SIGNATURE _____ ARE YOU A TAO OF WELLNESS PATIENT? YES NO